



HCG Informed Consent

Background

The HCG Program is a weight loss program originally designed by Dr. A.T.W. Simeons, a British medical doctor in the 1950's. He went on to write "Pounds and Inches", a descriptive manuscript outlining his weight loss protocol, history behind the usage of HCG for weight loss, possible risks associated with HCG, and the overall benefits achieved.

Since that time, the number of studies on HCG has been limited, and has failed to show a direct relationship between the use of HCG and the claims of weight loss benefit.

According to the FDA, it must be stated that "HCG has not been approved by the Food and Drug Administration as a safe and effective treatment in obesity and weight control. There is no substantial evidence that HCG increases weight loss beyond that resulting from caloric restriction, that it causes a more "normal" fat distribution, or that it decreases the hunger and discomfort associated with calorie-restricted diets."

Please initial here _____



Associated Risks & Benefits associated with HCG/ low calorie diet

The following is a summary of the possible risks associated with HCG treatment:

Allergic Reaction

Symptoms of allergic reaction may include: Hives (rash), Difficulty breathing (shortness of breath), Swelling of face, lips, tongue, or throat.

Blood clot

Symptoms of blood clot may include: Pain, Warmth, Redness, Numbness, Tingling, Dizziness, Extreme Headache.

Exacerbation of certain conditions or cancers (androgen-responsive cancers):

Including, but not limited to:

Thyroid disorder; Adrenal disorder; Cancer or Tumor of Prostate, Hypothalamus, Pituitary, Ovary, or Uterus; Ovarian Cyst; Heart Disease (including abnormal EKG, cardiac blood work, or abnormal stress test); Cardiovascular Disease (including peripheral artery disease, angina, or stroke); Kidney Disease; Liver Disease; Epilepsy

Notify the physician if you have ever had a history of any of these conditions

Local Reaction at the injection site:

At injection site, it is possible to experience localized pain, swelling, or bruising. It is also possible to have a localized infection with redness and tenderness.

Other Possible Adverse Reactions:

Headache, irritability, restlessness, depression, fatigue, edema (swelling of extremities), precocious puberty (in pre-pubescents), and gynecomastia.

ADVERSE REACTIONS RELATED TO A VERY LOW CALORIE DIET:

Moodiness, irritability, headache, hair thinning, gall bladder attack, irregular period, dizziness/light-headedness, exercise intolerance, low blood sugar.



FOR WOMEN ONLY

This can affect menstrual cycle temporarily; also can turn a pregnancy test positive

INITIAL: _____ DATE: _____

ABSOLUTE CONTRAINDICATIONS:

PRECOCIOUS PUBERTY, PROSTATIC (OR ANY ANDROGEN-SENSITIVE) CARCINOMA OR NEOPLASM, OR PRIOR ALLERGIC REACTION TO HCG.

Please notify the treating physician immediately if you think you are experiencing any of these side effects, or any other symptoms that have developed since starting your HCG program.

Benefits

The HCG Very Low Calorie Weight Loss Program has typical results of a loss of 1 lb. per day. There is often an improvement in metabolic profile in patients that are obese, pre-Diabetic, and Diabetic. The ability to improve and possibly prevent the onset of Diabetes and its associated health risks is a benefit to this weight loss program.

There is no question about the morbidity and mortality associated with being overweight, and those risks are increased in the obese and morbidly obese. Through marked weight loss and a lowering of body mass index, these risks are substantially reduced.

I acknowledge the above risks and benefits associated with initiating the HCG program.

Signature

Print Name

Date

Witness



Agreement:

I understand that dietary treatment takes dedication. I will abide by the diet while under the doctor's care. I will avoid oils, carbohydrates, and sugars. If I stall, I will do an apple day, and notify the doctor if the stall does not break the day after. I understand that during treatment, I need extra sleep, extra water, and will abstain from alcohol. If I have something that is not on the diet plan, I will record it, and notify the md so that any changes in weight loss pattern can be properly monitored. Any lost time due to failure of a follow-up or non-compliance will be my responsibility not that of the doctor. Also upon purchasing a package I understand that it is non-refundable and non-transferable. If at any time during your program is not working or as effective as you thought it would be, we can adjust your treatment or switch to something else. You need to let us know as soon as possible so that we can help you resolve the issue because we cannot credit you for lost time.

Signature

Print Name

Date