



# HCG Diet Patient Information & Health Questionnaire

All information in this questionnaire will be kept completely confidential.

Name (Last, First, M.I.):

M  
 F

Address:

Street: \_\_\_\_\_  
\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Numbers: (Check preferred)

HOME: \_\_\_\_\_

CELL#: \_\_\_\_\_

WORK: \_\_\_\_\_

OTHER: \_\_\_\_\_

Marital status:

Single    Partnered    Married    Separated    Divorced    Widowed

Occupation:

BIRTHDATE:

Primary Doctor:

Date of last physical exam:

City/State/Phone #:

HOW DID YOU HEAR ABOUT US? Please be specific.

Friend/Family: \_\_\_\_\_

Doctor's Office: \_\_\_\_\_

Advertisement: \_\_\_\_\_

Drove by: \_\_\_\_\_

Internet Search: \_\_\_\_\_

What term(s) did you search? \_\_\_\_\_

\_\_\_\_\_

Facebook/Twitter: \_\_\_\_\_

Other: \_\_\_\_\_

## PERSONAL HEALTH HISTORY

MEDICAL HISTORY AND DATES OF DIAGNOSIS:


HAVE YOU HAD ANY RECENT BLOODWORK DONE, IF SO PLEASE LIST DATES, AS WELL AS WHO ORDERED IT? (I.E. LAB CORP, QUEST)

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Surgeries:

Year	Reason	Hospital

Other hospitalizations		
Year	Reason	Hospital

**List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers**

Name the Drug	Strength	Frequency Taken

**Allergies to medications, foods, or supplements:**

Name of Product	Reaction You Had	Name of Product	Reaction You Had

**HEALTH HABITS AND SCREENING**

<b>Goal</b>	What is your weight loss goal?		
<b>Exercise</b>	<input type="checkbox"/> Sedentary (No exercise)		
	<input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)		
	<input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)		
	<input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)		
<b>Diet</b>	Are you dieting?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, are you on a physician prescribed medical diet?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	# of meals you eat in an average day?		
<b>Caffeine</b>	<input type="checkbox"/> None	<input type="checkbox"/> Coffee, #cups _____	<input type="checkbox"/> Tea _____
<b>Alcohol</b>	Do you drink alcohol?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Tobacco</b>	Do you use tobacco?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Drugs</b>	Do you currently use recreational drugs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**FAMILY HEALTH HISTORY**

	AGE	SIGNIFICANT HEALTH PROBLEMS		AGE	SIGNIFICANT HEALTH PROBLEMS
<b>Father</b>			<b>Children</b>	<input type="checkbox"/> M	
<b>Mother</b>				<input type="checkbox"/> F	
<b>Sibling</b>	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> M <input type="checkbox"/> F	
	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> M <input type="checkbox"/> F	

### MENTAL HEALTH

Do you have a history of substance abuse?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is stress a major problem for you?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel depressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been treated for depression?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been treated for anxiety?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been treated for bi-polar disorder?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been treated for panic attacks?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you panic when stressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have a history of an eating disorder?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are you or have you been under psychiatric care?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble sleeping?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If you have answered 'Yes' to any of the above questions, please explain:		

### WOMEN ONLY

Date of last menstruation:		
Are you pregnant or breastfeeding?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Did you have nausea during your pregnancy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had a hysterectomy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>(REQUIRED FIELD)</b> Date of last mammogram exam? Was it normal?		
<b>(REQUIRED FIELD)</b> Date of last pap exam? Was it normal?		

### MEN ONLY

Date of last prostate exam?
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### OTHER PROBLEMS

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.

<input type="checkbox"/> Skin	<input type="checkbox"/> Chest/Heart	<input type="checkbox"/> Recent changes in:
<input type="checkbox"/> Head/Neck	<input type="checkbox"/> Back	<input type="checkbox"/> Weight
<input type="checkbox"/> Ears	<input type="checkbox"/> Intestinal	<input type="checkbox"/> Energy level
<input type="checkbox"/> Nose	<input type="checkbox"/> Bladder	<input type="checkbox"/> Ability to sleep
<input type="checkbox"/> Throat	<input type="checkbox"/> Bowel	<input type="checkbox"/> Other pain/discomfort:
<input type="checkbox"/> Lungs	<input type="checkbox"/> Circulation	

Can you come in for weekly follow-up visits?	<input type="checkbox"/> Yes	<input type="checkbox"/> No (if no, explain)
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# Acknowledgement of HIPPA Privacy Notice & Disclosure

I agree that the practice may disclose certain health information to a family member, close personal friend or other caregiver, since such person is involved with my health care or payment relating to my health care. In that case, the Physician Practice will disclose only information that is directly relevant to the person's involvement with my health care or payment relating to my health care.

<b>I WISH TO BE CONTACTED IN THE FOLLOWING MANNER (CHECK ALL THAT APPLY):</b>	
<p><b>PHONE NUMBERS:</b></p> <p><b>HOME:</b></p> <p><input type="checkbox"/> OK to leave message with detailed information</p> <p><input type="checkbox"/> OK to leave message with call-back number only</p> <p><b>CELL#:</b></p> <p><input type="checkbox"/> OK to leave message with detailed information</p> <p><input type="checkbox"/> OK to leave message with call-back number only</p> <p><b>WORK:</b></p> <p>OK to leave message with detailed information</p> <p><input type="checkbox"/> OK to leave message with call-back number only</p> <p><b>OTHER:</b></p> <p><input type="checkbox"/> OK to leave message with detailed information</p> <p><input type="checkbox"/> OK to leave message with call-back number only</p>	<p><b>WRITTEN COMMUNICATION:</b></p> <p><input type="checkbox"/> OK to mail to my home address</p> <p><input type="checkbox"/> OK to mail to my work/office address</p> <p><b>HOME ADDRESS:</b></p> <p><b>STREET:</b> _____</p> <p>_____</p> <p><b>CITY, STATE, ZIP:</b></p> <p>_____</p> <p><b>WORK ADDRESS:</b></p> <p><b>STREET:</b> _____</p> <p>_____</p> <p><b>CITY, STATE, ZIP:</b></p> <p>_____</p>
<p><b>EMAIL:</b> _____</p> <p><input type="checkbox"/> OK to email message with detailed information</p>	
<p>I designate the following persons as persons approved by me to receive information about my medical treatment, due to my involvement of such persons with my health care or payment relating to my health care. I understand that I am not required to list anyone. I also understand that I may change this list at any time in writing.</p>	
<p>Print Name: _____ Last four digits to his/her SS# (required): _____</p> <p>Print Name: _____ Last four digits to his/her SS# (required): _____</p> <p>Print Name: _____ Last four digits to his/her SS# (required): _____</p>	

The Privacy rule generally requires healthcare providers to take reasonable steps to limit the use or disclosure of, and requests for, Patient Health Information to the minimum necessary to accomplish the intended purpose. These provision do not apply to uses or disclosures made pursuant to an authorized requested by the patient, parent, guardian. Healthcare entities must keep a record of Patient Health Information disclosures. Information provided below will constitute an adequate record. Uses and disclosures for Treatment, Payment, and Health Care Operations may be permitted without prior consent.

Date of disclosure request	Disclosed to whom: address/fax #	Description of disclosure	Purpose of Disclosure	Dates of service of disclosure	Person completing request	Date completed
<b>Received by:</b>				<b>Date:</b>		
<b>Reviewed by:</b>				<b>Date:</b>		

**I verify that the above is an accurate representation of my past and current health. HIPPA ACKNOWLEDGEMENT: I also verify that I have received a copy of the Notice of Privacy Practices regarding the use and disclosure of my private health information.**

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_  
 Name of Patient                      Birthdate                      Signature of Patient (or Guardian)                      Today's Date